**Dreampossible: From nothingness to hope!**

**Dr. Jeremy G. Wyngaard**

**Research Associate: Department of Practical Theology, Stellenbosch University**

**Founder: Life Zone Ministries International (Sports Ministry/Faith Based Organization (FBO))**

[**academics.jgw@gmail.com**](mailto:academics.jgw@gmail.com)

**082 485 4662**

***Abstract***

*For many centuries, the South African context has always been one of struggle, injustice and poverty. The legacy of apartheid has meant that poor communities are still under-resourced, neglected and marginalised by local, provincial and national government. As such, these same communities have always needed to fend for themselves and use their own resources and networks to make things happen. By employing a mixed method approach, I will utilize a phenomenological as well as a practical theology methodology to examine how a grassroots FBO could create something out of nothing for the benefit of the broader Factreton-Kensington community in Cape Town, South Africa. This idea of “something out of nothing” also speaks of God-given human creativity and life, as evidenced in the Genesis 1 creation account – where something was created out of nothing. It is an idea that is representative of the ongoing work of the FBO. I will draw strongly from the FBO’s milestones, as well as from the data of semi-structured interviews that were conducted in 2020 for the purposes of writing a book about the organization’s simplistic, hope-inspired work in its community.*